



Peachland Seniors Forum

You're Invited!

With a Keynote Address from Seniors First BC
(formerly BC Centre for Elder Advocacy and Support)

Featuring special presentations by local advocates for dementia and seniors, and the Peachland Wellness Centre

Our riding, Central Okanagan—Similkameen—Nicola, has a unique demographic. We have a very high percentage of Seniors, and it is often **this population that needs help as they age.**

The Peachland Seniors Forum is designed to provide **seniors and their adult children** the information and resources needed as they, or their family, age.

Presentations at the forum will include a Keynote Address Martha Jane Lewis from Seniors First BC (formerly known as the BC Centre for Elder Advocacy and Support), local **experts on dementia and seniors' finances**, and The Peachland Wellness Centre. Read about our presenters on the reverse side.

Come for a coffee, take some notes, and leave with important information that you should know!

You're invited,
hope you can make it!

29 April 2017
10:00am—11:30am

Peachland Community Centre
4450 6th Street
Peachland, BC
V0H 1X6

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Can't make it? Have comments or questions you still want brought up?

Name:

Address & Postal Code:

Email:

Comments and questions:

For your privacy, cut this reply card above and tape it closed with the addressed side facing out.

No postage stamp is necessary.

By writing your email above, you will be signed up for email updates. You can unsubscribe at any time.

**Martha Jane Lewis, LLB, LLM
Seniors First BC
(formerly BC Centre for Elder Advocacy and Support)**

Martha Jane is the Executive Director of the Seniors First BC (formerly known as BC Centre for Elder Advocacy and Support).

Educated in law, Martha Jane has worked for seniors on important subjects like planning their wills and managing their Power of Attorney, and ensuring seniors do not lose their voice as they age.

Martha Jane facilitates free Seniors Workshops on these topics in Vancouver and is planning to expand these to the Okanagan later this year!

Contact Martha by calling Seniors First BC at [604-688-1927](tel:604-688-1927).

Peachland Wellness Centre

The Peachland Wellness Centre hosts a variety of programs such as the Baby Friendly Café, Monday Morning Coffee for women, the Men's Coffee and Cribbage, and the Wellness Circle, where guest speakers discuss various topics.

The Centre also delivers important outreach services to assist the residents of Peachland in ways that enables them to remain independent in their homes for as long as possible; such as volunteer drivers to assist local residents to get to appointments at no cost—just a donation to the driver for fuel.

Contact the Centre for more information on their support services, or to volunteer and give back to the community!

Contact PWC: wellnesscentre@shaw.ca; 250-767-0141.

**Broc Broconnier
Seniors' Finances Expert**

Broc is a resident of West Kelowna and is active in the Seniors' Support Community. A senior himself, Broc enjoys giving back by donating his time and expertise volunteering at numerous retirement communities delivering tax seminars to help seniors file and understand their taxes so they can get all the benefits and credits they are entitled to.

Broc will be speaking at the Peachland Seniors Forum about how seniors can best manage their finances in their Golden Years.

**Tracey Maxfield, RN, BSN, GNC(c), DDS
Dementia Consultant, Advocate and Educator**

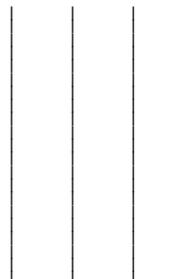
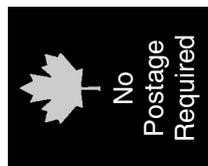
Tracey Maxfield is a Registered Nurse and has worked in the UK and in Canada for over 35 years gaining valuable experience and knowledge on Alzheimer's Disease and other Dementia types.

Tracey regularly publishes her "Dementia Aware" series on Castanet, where she discusses important Dementia and Health Care topics like *The 3 Stages of Dementia* and *Financial, Legal, and Health Care Planning*.

With a special focus on Dementia Education and health care planning, Tracey is an expert in helping families navigate the complex and challenging world of dementia.

Tracey can be contacted at infirmer@outlook.com.

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